Season 2 Ep 1: Chasing the Last Sunbeam

~ Parent Guide ~

About This Episode

Kiko wants warmer water, longer days, and more sunshine. When she tries to catch a sunbeam, it keeps slipping away. A quiet moment with Grandma helps her notice what she enjoys right now. Later, gathering with family and friends makes the fading light feel more special.

The heart of the episode is Calima's reassurance: "You can wish for summer, sweetheart. And enjoy this, too." Children can feel disappointed and appreciate something at the same time.

Start a conversation

Choose one or two questions and follow your child's interest.
Younger children can point, act out an answer, or draw.
What does Kiko wish she could change?
Which part of her sunbeam chase makes you laugh?
What does Kiko notice when she stops beside Grandma?
Why do you think being together becomes her favorite part?
Is there something you're looking forward to?
What's something you enjoy about today?

Try it together

Find a little sunshine - Look for a patch of daylight on the floor or wall. Notice its shape and color. Return later to see whether it has moved. On a cloudy day, look for another small thing to enjoy: a soft blanket, a favorite sound, or someone sitting nearby. Avoid looking directly at the sun.

Draw your cozy cove - Invite your child to draw a place where they feel comfortable. Ask, "Who would you invite?" Their cove might include family, friends, pets, or imaginary creatures.

When disappointment comes up

Start by acknowledging the wish: "You really wanted more time. It's hard to stop when you're having fun."

Leave room for that feeling before offering another perspective. Appreciation works best as an invitation, rather than something children must demonstrate to prove they feel better.